

Guidance for Congregation Members of St Matthew's Church

Background

We have carefully considered and produced the risk assessment for St Matthew's and have put various measures in place to help keep you as safe as possible. Clearly there is a risk involved in coming to a service at St Matthew's (or anywhere else at this time). Please use the points-based personal risk assessment below to help you decide whether or not it is safe for you to come to church.

Setting Out

If you are feeling unwell, please stay at home.

You are to bring and wear a face mask throughout the service. The only exception is if you are reading or leading prayer you can take your mask off for the duration of that activity.

Holy Communion will only be distributed in one kind with no sharing of the common cup. The president alone should always take the wine, consuming all that has been consecrated; other communicants should receive the bread only, in the hand. As the Liturgical and Faith and Order Commissions have made clear, this is still 'complete communion'... You are welcome to bring your own wine for consumption during the service. Also please bring your own flask of tea or coffee, if you wish, for after the service.

As we need to be able to identify everyone attending the service please bring a piece of paper with your name and phone number on it, so you can be quickly contacted in the event of anyone present becoming infected. This information will be kept securely for three weeks and then shredded.

The service

Please arrive in plenty of time for the service. If necessary please queue up outside no less than two metres apart.

Please place the piece of paper with your name(s) and contact details in the box provided. (If you forget to bring this, then a member of the Welcome Team will write your details on a piece of paper and put it in the box for you).

The Welcome Team will check your temperature, using a hand-held device, and sanitise your hands. If you are found to have a high temperature, you and anyone you are with, will not be allowed into church.

Please take great care not to touch anything inside the church except the chair you will be occupying.

All the doors of the church will be kept open throughout the service to help with ventilation.

The words of the service will be displayed on the screen. If you need a service sheet you may pick up one in the foyer, being careful not to touch any other sheets. You must not leave it in the church but take it away with you.

No collection will be taken during the service. There will be a collection plate just inside the church together with the card donation machine, for any cash or contactless donations, for which, as always, we are most grateful.

Music will be provided either from the internet or the organ. Unless we are advised otherwise, singing will not be allowed although humming will be actively encouraged.

Please keep your children with you, as there will not be any children's groups. Please ensure that your children are as fully aware as possible of the risks associated with the Covid-19 virus. Written material for children will be available; please bring your own pens, pencils etc. We will make the service as child-friendly as possible and no longer than around one hour.

The toilets will be open, although the Hall, Kitchen, Lady Chapel, Gallery and Choir Vestry will not be available. Please wash your hands thoroughly and use the hand driers.

At the end of the service please leave the church via the fire doors, maintaining social distancing. Weather permitting, we will gather in and around the Prayer Garden to have any refreshments, if you have brought them. Groups of people mingling should not be larger than 6 people. If the weather is poor, do not linger in the church but leave, being careful to maintain social distancing at all times.

Please take all your possessions, including any service sheets you have used, with you.

We look forward to seeing you on Sunday, if you are able to make it; if not, there will be a recorded service available via the church website, as well as other platforms, from 10.00am on Sunday.

If, after attending a service, you are tested positive for the Covid-19 virus please contact one of the following:

Terry Mitchell - telephone 020 8680 4529 email churchadmin@stmatthew.org.uk or
Stephen Collingwood – telephone 07914 398 807 – email stephen.collingwood@icloud.com.

Please take care, stay safe and may God bless and keep us all.

Revd Simon Foster, Vicar, Stephen Collingwood and Rohini Abhayaratne, Church Wardens,
on behalf of St Matthew's PCC.

Risk Assessment for Congregation Members at St Matthew's

The responsibility for accepting the risks involved and the decision to attend a service at St Matthew's rest with you, the individual. You need to balance your desire to attend a service against the potential risk this may bring to your health, as well as to the health of others. This is a guide to help you make that decision.

This is completely optional, but highly recommended as we are clear the reasons for this are for the safety of all.

You need to add up the points in all the categories that apply to come to your total.

Risk	Points
Shielding	3 points
BAME	1 Point
Age over 50 (Males) and over 60 (Females)	1 Point
Additional Point – Male over 60	1 Point
Pregnant Women >28 weeks gestation	3 Points
Severe Heart problems / Lung Disease/ Pregnancy < 28 weeks gestation	2 Points
Comorbidity (asthma, hypertension, diabetes)	1 Point
BMI >30	2 Points

4 points or higher	Please do not come to the church at the present time – High Risk
2-3 points	Come to a service if you are fit and accept the risk – Medium Risk
0-1 Points	Come to a service – Low Risk