

So, St Matthew's new [Wellbeing café](#) was opened on Saturday. The café is an opportunity for those who need it to come and chat, to offload some of the stress and anxiety of living in this fraught world at the moment, to meet with people if living alone and are lonely, to share with someone who understands. And, oh yes, to have a cup of coffee and a piece of cake, play games, pray quietly if you want to and hopefully leave feeling uplifted by the experience. It was clear that Saturday mornings were not right for this mission project and so it has been moved to Mondays, from 2-4pm starting next week, 16 May.

This is a good time for such a venture to begin. It will either be successful (in God's eyes, not ours) or not – but we can influence the outcome. We could measure it on how many people attend each week – but that would be human measurement. Instead, it needs to be measured on whether those attending appreciate the opportunity, whether people are lifted by the experience of coming closer to God while they are with us, whether the church as a whole embraces the venture.

You may, or may not, be free to go on a rota to make coffees, wash up, provide cakes every now and then, or maybe even to do some simple training to sit and chat with our visitors. You may, or may not, remember to pray for the venture on a regular basis or perhaps even help with advertising and spreading the word about it. I don't know. But I do believe that the success of mission projects like this, simple but extremely valuable for those who need them, has a lot to do with the church as a whole participating in them and taking ownership of them. If we want God to be present in this mission, God needs all of us and all of the talents we have been given to be added to the mix. However you join in, whatever your skills are, whenever you might be free, remember that the loving God, who created you, gave you skills that could be used for God's work – we are God's hands and feet (and in this case also ears!) in this world. If you haven't yet spoken with Jan or Lesley to see if you can help, please do have a conversation with them or contact Penny in the Church Office.

May your week be blessed and full of opportunities to serve our Lord.

Linda